

Get the Facts about COVID-19

Learn what steps you and your family can take to stay safe during a pandemic.

Our member portal provides you with up-to-date information including:

- How to protect yourself
- What to do if you are sick
- Shopping, dining, and travel safety tips
- Coping with stress during an outbreak
- Workplace safety and more...



Members have instant, confidential, 24/7/365 support to get access to the help they need-all in the palm of their hand.

Create your account at **MyLifeExpert.com** today!

Scan Here to Download:



Use company code:

Help is a one call or click away!

EMPLOYEE ASSISTANCE PROGRAM - AVAILABLE 24/7 - ALWAYS CONFIDENTIAL